

32 Alzheimer's dementia [3-20]

33 Mild to moderately severe Alzheimer's disease

34 In patients with Alzheimer's dementia participating in clinical trials, administration of
35 single daily doses of 5 mg or 10 mg of donepezil hydrochloride produced steady-state inhibition
36 of acetylcholinesterase activity (measured in erythrocyte membrane) of 63.6% and 77.3%,
37 respectively when measured post dose. The inhibition of acetylcholinesterase (AChE) in red
38 blood cells by donepezil hydrochloride has been shown to correlate to changes in ADAS-cog, a
39 sensitive scale which examines selected aspects of cognition. The potential for donepezil
40 hydrochloride to alter the course of the underlying neuropathology has not been studied. Thus
41 donepezil hydrochloride cannot be considered to have any effect on the progress of the
42 disease.

43 Efficacy of treatment of Alzheimer's dementia with donepezil hydrochloride has been
44 investigated in four placebo-controlled trials, 2 trials of 6-month duration and 2 trials of 1-year
45 duration.

46 In the 6-month clinical trial, an analysis was done at the conclusion of donepezil
47 hydrochloride treatment using a combination of three efficacy criteria: the ADAS-cog (a
48 measure of cognitive performance), the Clinician's Interview Based Impression of Change with
49 caregiver input (CIBIC+ - a measure of global function) and the Activities of Daily Living
50 Subscale of the Clinical Dementia Rating Scale (a measure of capabilities in community affairs,
51 home and hobbies and personal care).

52 Patients who fulfilled the criteria listed below were considered treatment responders.

- 53 Response = Improvement of ADAS-cog of at least 4 points
54 No deterioration of CIBIC+
55 No deterioration of Activities of Daily Living Subscale of the Clinical
56 Dementia Rating Scale

	% Response	
	Intent to Treat Population n = 365	Evaluable Population n = 352
Placebo group	10%	10%
Donepezil hydrochloride 5-mg group	18%*	18%*
Donepezil hydrochloride 10-mg group	21%*	22%**

57 * p < 0.05

58 ** p < 0.01

59 Donepezil hydrochloride produced a dose-dependent statistically significant increase in
60 the percentage of patients who were judged treatment responders.

61 Severe Alzheimer's disease

62 Efficacy of treatment with donepezil hydrochloride in severe Alzheimer's disease has
63 been investigated in three placebo-controlled trials of 6-month duration.

64 In each of the clinical trials, an analysis was done at the conclusion of donepezil
65 hydrochloride treatment using a combination of three efficacy criteria: the total Severe
66 Impairment Battery (SIB – a measure of cognitive performance in all three trials) score, the
67 Clinician's Interview Based Impression of Change with caregiver input (CIBIC+ – a measure of
68 global function in two trials) or Clinical Global Impression of Change (CGI-I – a measure of
69 global function in one trial) and the modified Alzheimer's Disease Cooperative Study – Activities
70 of Daily Living inventory for severe Alzheimer's disease (ADCS-ADL-sev – a measure of function
71 in all three trials).

72 Patients who fulfilled the criteria listed below were considered treatment responders.

73 Response = Improvement of SIB at least 4 points

74 No deterioration of CIBIC+ or CGI-I

75 No deterioration of ADCS-ADL-sev

	% Response	
	Intent to Treat Population n = 571	Evaluable Population n = 518
Placebo group	10%	10%
Donepezil hydrochloride 10-mg group	29%**	30%**

76 ** p < 0.001

77 **Vascular dementia [3-21]**

78 Efficacy of treatment of vascular dementia with donepezil hydrochloride has been
79 investigated in three placebo-controlled trials of 6-month duration in which the diagnostic
80 criteria for vascular dementia proposed by the NINDS-AIREN consensus group (National
81 Institute of Neurological Disorders and Stroke-*Association Internationale pour la Recherche et*
82 *l'Enseignement en Neurosciences*) were used to define the population of patients studied.

83 An overall analysis was done at the conclusion of donepezil hydrochloride treatment
84 using a combination of three efficacy criteria.

85 Patients who fulfilled the criteria listed below were considered treatment responders.

86 Response = Improvement of ADAS-cog of at least 4 points *and*
87 Improvement or no deterioration of CIBIC+ *and*
88 Improvement or no deterioration of Clinical Dementia Rating functionality
89 subscale

	% Response	
	Intent to Treat Population n = 1176	Observed Cases n = 955
Placebo group	16%	16%
Donepezil hydrochloride 5-mg group	21%*	22% [#]
Donepezil hydrochloride 10-mg group	25%**	27%**

90 # p = 0.052

91 * p < 0.05

92 ** p < 0.01

93 Donepezil hydrochloride produced statistically significant increase in the percentage of
94 patients who were judged treatment responders.

95

96 [3-20]- [3-21] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 20

97 และ 21 ตามลำดับ

98 4.2 Pharmacokinetics

99 **Absorption [3-22]:** Donepezil hydrochloride is well absorbed [4-2] and food does not affect the
100 absorption of the drug. Maximum plasma levels are reached approximately 3 to 4 hours after
101 oral administration. Plasma concentrations and area under the curve rise in proportion to the
102 dose. The terminal disposition half-life is approximately 70 hours, thus, administration of multiple
103 single-daily doses results in gradual approach to steady-state. Approximate steady-state is
104 achieved within 3 weeks after initiation of therapy. Once at steady-state, plasma donepezil
105 hydrochloride concentrations and the related pharmacodynamics activity show little variability
106 over the course of the day.

107 **Distribution [3-23]:** Donepezil hydrochloride is approximately 96% bound to human plasma
108 proteins (to albumin approximately 75% and α_1 -acid glycoprotein approximately 21%). [2-2]
109 The plasma protein binding of the active metabolite 6-O-desmethyl donepezil is not known. The
110 steady-state volume of distribution is 12 to 16 L/kg. [2-1] In a mass balance study conducted in
111 healthy male volunteers, 240 hours after the administration of a single 5 mg dose of ¹⁴C-labeled
112 donepezil hydrochloride, approximately 28% of the label remained unrecovered. This suggests
113 that donepezil hydrochloride and/or its metabolites may persist in the body for more than 10
114 days.

115 **Metabolism/Excretion [3-24]:** Donepezil hydrochloride is metabolized by the cytochrome P450
116 (CYP-450) isoenzymes 2D6 and 3A4 to multiple metabolites, [2-3] not all of which have been
117 identified. Following administration of a single 5 mg dose of ¹⁴C-labeled donepezil
118 hydrochloride, plasma radioactivity, expressed as a percent of the administered dose, was
119 present primarily as intact donepezil hydrochloride (30%), 6-O-desmethyl donepezil (11% - only
120 metabolite that exhibits activity similar to donepezil hydrochloride), donepezil-cis-N-oxide (9%),
121 5-O-desmethyl donepezil (7%) and the glucuronide conjugate of 5-O-desmethyl donepezil (3%).
122 Approximately 57% of the total administered radioactivity was recovered from the urine (17% as
123 unchanged donepezil), and 14.5% was recovered from the feces, suggesting biotransformation
124 and urinary excretion as the primary routes of elimination. There is no evidence to suggest
125 enterohepatic recirculation of donepezil hydrochloride and/or any of its metabolites.

126 Plasma donepezil hydrochloride concentrations decline with a half-life of approximately
127 70 hours and the mean apparent plasma clearance is 0.13 to 0.19 L/h/kg. [2-4]

128 Sex, race and smoking history have no clinically significant influence on plasma
129 concentrations of donepezil hydrochloride. The pharmacokinetics of donepezil hydrochloride

130 has not been formally studied in healthy elderly subjects, or in Alzheimer's or vascular dementia
131 patients. However, mean plasma levels in patients closely agreed with those of young healthy
132 volunteers.

133 Patients with mild to moderate hepatic impairment had increased donepezil
134 hydrochloride steady-state concentrations; mean AUC by 48% and mean C_{max} by 39% (see
135 section 6).

136

137 [2-1]- [2-4] เอกสารอ้างอิง 2 : Drug Facts and Comparison 2012 หน้า 1681 หมายเลข 1-4

138 [3-22]- [3-24] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 22-24

139 [4-2] เอกสารอ้างอิง 4 : Drug Information Handbook with international trade names index 2010-
140 2011, 19th edition หน้า 521 หมายเลข 2

141

142

143

144 5. INDICATION [3-1]

145 TONIZEP FDT tablets are indicated for the symptomatic treatment of:

- 146 - Mild, moderate and severe Alzheimer's disease.
- 147 - Vascular dementia (dementia associated with cerebrovascular disease).

148

149 [3-1] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 1

150 6. RECOMMENDED DOSE [3-2]

151 Adults/Elderly: [1-9]

152 Treatment is initiated at 5 mg/day (once-a-day dosing). The 5 mg/day dose should be
153 maintained for at least one month in order to allow steady-state concentrations of donepezil
154 hydrochloride to be achieved. Following a 4-6 weeks of clinical assessment in patients who
155 tolerated treatment at 5 mg/day, the dose of TONIZEP FDT can be increased to 10 mg/day
156 (once-a-day dosing). The maximum recommended daily dose is 10 mg. Doses greater than 10
157 mg/day have not been studied in clinical trials.

158 Upon discontinuation of treatment, a gradual abatement of the beneficial effects of
159 TONIZEP FDT is seen. There is no evidence of a rebound effect after abrupt discontinuation of
160 therapy.

161 Renal and hepatic impairment: [1-10]

162 A similar dose schedule can be followed for patients with impairment as clearance of
163 donepezil hydrochloride is not affected by this condition.

164 Due to possible increased exposure in mild to moderate hepatic impairment (see
165 section 4.2), dose escalation should be performed according to individual tolerability. There are
166 no data for patients with severe hepatic impairment.

167 Children:

168 TONIZEP FDT is not recommended for use in children.

169

170 [1-9]- [1-10] เอกสารอ้างอิง 1 : AHFS Drug Information 2012 หน้า 1265 หมายเลข 9-10

171 [3-2] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 2

172

173 7. MODE OF ADMINISTRATION [1-1], [3-3]

174 TONIZEP FDT should be taken orally, in the evening, just prior to retiring. The tablet should be
175 placed on the tongue and allowed to disintegrate before swallowing with or without water,
176 according to patient preference.

177

178 [1-1] เอกสารอ้างอิง 1 : AHFS Drug Information 2012 หน้า 1266 หมายเลข 1

179 [3-3] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 3

180 8. CONTRAINDICATION

181 TONIZEP FDT is contraindicated in patients with a known hypersensitivity to donepezil
182 hydrochloride, piperidine derivatives, or to any excipients used in the formulation. [1-2], [3-4],
183 [2-5]

184 TONIZEP FDT is contraindicated in pregnancy. [3-4]

185

186 [1-2] เอกสารอ้างอิง 1 :AHFS Drug Information 2012 หน้า 1265 หมายเลข 2

187 [2-5] เอกสารอ้างอิง 2 :Drug Facts and Comparison 2012 หน้า 1681 หมายเลข 5

188 [3-4] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 4

189 -----

190

191 9. WARNINGS AND PRECAUTIONS

192 Treatment should be initiated by a physician experienced in the treatment of dementia.
193 Diagnosis should be made according to accepted guidelines (e.g. DSM IV, ICD 10). Therapy
194 with donepezil hydrochloride should only be started if a caregiver is available who will regularly
195 monitor drug intake for the patient. Maintenance treatment can be continued for as long as a
196 therapeutic benefit for the patient exists. Therefore, the clinical benefit of donepezil
197 hydrochloride should be reassessed on a regular basis. Discontinuation should be considered
198 when evidence of a therapeutic effect is no longer present. Individual response to donepezil
199 hydrochloride cannot be predicted. The use of donepezil hydrochloride in patients with other
200 types of dementia or other types of memory impairment (e.g. amnesic mild cognitive
201 impairment), is under investigation. [3-5]

202 **Anaesthesia** [1-3], [3-6]: Donepezil hydrochloride, as a cholinesterase inhibitor, is likely to
203 exaggerate succinylcholine-type muscle relaxation during anaesthesia.

204 **Cardiovascular conditions** [1-5], [2-6], [3-7]: Because of their pharmacological action,
205 cholinesterase inhibitors may have vagotonic effects on heart rate (e.g. bradycardia). The
206 potential for this action may be particularly important to patients with "sick sinus syndrome" or
207 other supraventricular cardiac conduction conditions, such as sinoatrial or atrioventricular block.

208 There have been reports of syncope and seizures. In investigating such patients the
209 possibility of heart block or long sinusal pauses should be considered.

210 **Gastrointestinal conditions**

211 *Peptic ulcer/ GI bleeding* [1-4], [2-7], [3-8]: Patients at increased risk for developing ulcer or GI
212 bleeding, e.g., those with a history of ulcer disease or those receiving concurrent nonsteroidal
213 anti-inflammatory drugs (NSAIDs), should be monitored for symptoms. However, the clinical
214 studies with donepezil hydrochloride 5 to 10 mg/day showed no increase, relative to placebo, in
215 the incidence of either peptic ulcer disease or gastrointestinal bleeding.

216 *Nausea/ Vomiting* [2-8]: Donepezil hydrochloride, as a predictable consequence of its
217 pharmacological properties, produced diarrhea, nausea, and vomiting. Although in most case,
218 these effects were mild and transient, sometimes lasting 1 to 3 weeks, and resolved during
219 continued use of donepezil hydrochloride, closely observe patients at the initiation of treatment
220 and after dose increases.

221 *Genitourinary* [1-7], [2-9], [3-9]: Although not observed in clinical trials of donepezil
222 hydrochloride, cholinomimetics may cause bladder outflow obstruction.

223 *Neurological conditions* [1-8], [2-10], [3-10]: Seizures: Cholinomimetics are believed to have
224 some potential to cause generalized convulsions. However, seizure activity may also be a
225 manifestation of Alzheimer's disease. Cholinomimetics may have the potential to exacerbate or
226 induce extrapyramidal symptoms.

227 *Pulmonary conditions* [1-6], [2-11], [3-11]: Because of their cholinomimetic actions,
228 cholinesterase inhibitors should be prescribed with care to patients with a history of asthma or
229 obstructive pulmonary disease.

230 The administration of donepezil hydrochloride concomitantly with other inhibitors of
231 acetylcholinesterase, agonists or antagonists of the cholinergic system should be avoided.

232 *Severe hepatic impairment* [3-12]: There are no data for patients with severe hepatic impairment.

233

234 [1-3]- [1-8] เอกสารอ้างอิง 1 :AHFS Drug Information 2012 หน้า 1265 หมายเลข 3-8

235 [2-6]- [2-11] เอกสารอ้างอิง 2 :Drug Facts and Comparison 2012 หน้า 1681 หมายเลข 6-11

236 [3-5]- [3-12] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 5-13

237 10. INTERACTIONS WITH OTHER MEDICAMENTS [2-13], [3-14]

238 Donepezil hydrochloride and/or any of its metabolites do not inhibit the metabolism of
239 theophylline, warfarin, cimetidine or digoxin in humans. The metabolism of donepezil
240 hydrochloride is not affected by concurrent administration of digoxin or cimetidine.

241 *In vitro* studies have shown that the cytochrome P450 isoenzymes 3A4 and to a minor
242 extent 2D6 are involved in the metabolism of donepezil hydrochloride. Drug interaction studies
243 performed *in vitro* show that ketoconazole and guanidine, inhibitors of CYP3A4 and 2D6
244 respectively, inhibit donepezil hydrochloride metabolism. Therefore, these and other CYP3A4
245 inhibitors, such as itraconazole and erythromycin, and CYP2D6 inhibitors, such as fluoxetine
246 could inhibit the metabolism of donepezil hydrochloride. In a study in healthy volunteers,
247 ketoconazole increased mean donepezil hydrochloride concentrations by about 30%. Moreover,
248 CYP-450 3A4 and 2D6 inducers such as rifampicin, phenytoin, carbamazepine and alcohol may
249 reduce the levels of donepezil hydrochloride. Since the magnitude of an inhibiting or inducing
250 effect is unknown, such drug combinations should be used with care.

251 Donepezil hydrochloride has the potential to interfere with medications having
252 anticholinergic activity such as atropine. There is also the potential for synergistic activity with
253 concomitant treatment involving medications such as succinylcholine, other neuro-muscular
254 blocking agents, cholinergic agonists such as bethanechol, beta blocking agents which have
255 effects on cardiac condition or aspirin/ NSAIDs such as ibuprofen, or naproxen may increase
256 the risk of developing stomach ulcers.

257

258 [2-13] เอกสารอ้างอิง 2 : Drug Facts and Comparison 2012 หน้า 1681-2 หมายเลข 13

259 [3-14] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 14

260 11. PREGNANCY AND LACTATION [3-15]

261 **Pregnancy:**

262 Category C [4-1] according to US pregnancy category; either studies in animals have
263 revealed adverse effects on the fetus (teratogenic or embryocidal or other) and there are no
264 controlled studies in women or studies in women and animals are not available. Drugs should
265 be given only if the potential benefit justifies the potential risk to the fetus.

266 Teratology studies conducted in pregnant rats at doses up to approximately 80 times the
267 human dose and in pregnant rabbits at doses up to approximately 50 times the human dose did
268 not disclose any evidence for a teratogenic potential. However, in a study in which pregnant rats
269 were given approximately 50 times the human dose from day 17 of gestation through day 20
270 postpartum, there was a slight increase in stillbirths and a slight decrease in pup survival
271 through day 4 postpartum. No effect was observed at the next lower dose tested, approximately
272 15 times the human dose. Donepezil hydrochloride should not be used during pregnancy
273 because no clinical data of it on exposed pregnancies are available.

274 **Lactation [2-12]:**

275 It is not known whether donepezil hydrochloride is excreted in human breast milk and there
276 are no studies in lactating women. Therefore, women on donepezil hydrochloride should not
277 breast feed.

278

279

280 [2-12] เอกสารอ้างอิง 2 :Drug Facts and Comparison 2012 หน้า 1681 หมายเลข 12

281 [3-15] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 15

282

283

284 **12. UNDESIRABLE EFFECTS [3-17]**

285 The most common adverse events are diarrhea, muscle cramps, fatigue, nausea, vomiting,
 286 anorexia, and insomnia.

287 The incidence profile for adverse events for severe Alzheimer's disease is similar to that of
 288 mild to moderately severe Alzheimer's disease. The table below reflects the incidence of
 289 adverse events in patients receiving treatment with donepezil hydrochloride for all stages of
 290 Alzheimer's disease.

291 Adverse reactions reported as more than an isolated case are listed below, by system
 292 organ class and by frequency. Frequencies are defined as: very common (>1/10), common
 293 (>1/100, <1/10), uncommon (>1/1,000, <1/100) and rare (>1/10,000, <1/1,000).

294

System Organ Class	Very Common	Common	Uncommon	Rare
Infections and infestations		Common cold		
Metabolism and nutrition disorders		Anorexia		
Psychiatric disorders		Hallucinations** Agitation** Aggressive behavior**		
Nervous system disorders		Syncope* Dizziness Insomnia	Seizure*	Extrapyramidal symptoms
Cardiac disorders			Bradycardia	Sino-atrial block Atrioventricular block
Gastrointestinal disorders	Diarrhea Nausea	Vomiting Abdominal disturbance	Gastrointestinal haemorrhage Gastric and duodenal ulcers	

295

System Organ Class	Very Common	Common	Uncommon	Rare
Hepato-biliary disorders				Liver dysfunction including hepatitis***
Skin and subcutaneous tissue disorders		Rash Pruritis		
Musculoskeletal, connective tissue and bone disorders		Muscle cramps		
Renal and urinary disorders		Urinary incontinence		
General disorders and administration site conditions	Headache	Fatigue Pain		
Investigations			Minor increase in serum concentration of muscle creatine kinase	
Injury and poisoning		Accident		

296 *In investigating patients for syncope or seizure the possibility of heart block or long sinus
297 pauses should be considered (see section 9).

298 **Reports of hallucinations, agitation and aggressive behavior have resolved on dose-reduction
299 or discontinuation of treatment.

300 ***In cases of unexplained liver dysfunction, withdrawal of donepezil hydrochloride should be
301 considered.

302 EFFECTS ON ABILITY TO DRIVE AND USE MACHINE [3-16]

303 Donepezil hydrochloride has minor to moderate influence in the ability to drive and use
304 machines.

305 Dementia may cause impairment of driving performance or compromise the ability to use
306 machinery. Furthermore, donepezil hydrochloride can induce fatigue, dizziness and muscle
307 cramps, mainly when initiating or increasing the dose. The treating physician should routinely
308 evaluate the ability of patients on donepezil hydrochloride to continue driving or operating
309 complex machines.

310

311 [3-16]- [3-17] เอกสารอ้างอิง 3 : เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 16-17

312 13. OVERDOSE AND TREATMENT [3-18]

313 The estimated median lethal dose of donepezil hydrochloride following administration of a
314 single oral dose in mice and rats in 45 and 32 mg/kg, respectively, or approximately 225 and
315 160 times the maximum recommended human dose of 10 mg per day. Dose-related signs of
316 cholinergic stimulation were observed in animals and included reduced spontaneous
317 movement, prone position, staggering gait, lacrimation, clonic convulsions, depressed
318 respiration, salivation, miosis, fasciculation and lower body surface temperature.

319 Overdosage with cholinesterase inhibitors can result in cholinergic crisis characterized by
320 severe nausea, vomiting, salivation, sweating, bradycardia, hypotension, respiratory
321 depression, collapse and convulsions. Increasing muscle weakness is a possibility and may
322 result in death if respiratory muscles are involved.

323 As in any case of overdose, general supportive measures should be utilized. Tertiary
324 anticholinergics such as atropine may be used as an antidote for donepezil hydrochloride
325 overdosage. Intravenous atropine sulphate titrated to effect is recommended: an initial dose of
326 1.0 to 2.0 mg IV with subsequent doses based upon clinical response. Atypical responses in
327 blood pressure and heart rate have been reported with other cholinomimetics when co-
328 administered with quaternary anti-cholinergics such as glycopyrrolate. It is not known whether
329 donepezil hydrochloride and/or its metabolites can be removed by dialysis (hemodialysis,
330 peritoneal dialysis, or hemofiltration).

331

332 [2-14] เอกสารอ้างอิง 2 :Drug Facts and Comparison 2012 หน้า 1683 หมายเลข 14

333 [3-18] เอกสารอ้างอิง 3 :เอกสารกำกับยาต้นแบบที่ได้รับอนุมัติจากอย. หมายเลข 18

334 14. STORAGE CONDITION

335 Store in tight containers at temperatures below 30°C.

336 15. DOSAGE FORMS AND PACKAGING AVAILABLE

337 5 mg tablets; 10 mg tablets: aluminium-clear colorless PVC/PVdC blister of 14 tablets packed in
338 paper carton.

339 16. NAME AND ADDRESS OF MANUFACTURER

340 T.O. CHEMICALS(1979) Ltd.

341 280 Soi Sabaijai, Suthisarn Road, Bangkok 10310

342 Tel. 02-2756053-9 Fax. 02-2777350

343 17. DATE OF REVISION OF PACKAGE INSERT

344 10 May 2016