

## เอกสารกำกับยาสำหรับผู้ป่วยภาษาอังกฤษ

### STUGERON® TABLETS

cinnarizine



#### WHAT IS STUGERON FOR?

STUGERON is used to treat the following:

- **balance disorders** – STUGERON relieves the dizziness and spinning sensation ('vertigo') caused by problems of the inner ear. It also relieves the associated symptoms, like persistent ringing in the ears ('tinnitus'), rapid and uncontrollable movements of the eyes, nausea and vomiting.

STUGERON also **prevents motion sickness**.



#### WHEN NOT TO TAKE STUGERON

Do not take STUGERON if you know that you are oversensitive to it.

#### WHAT SPECIAL PRECAUTIONS SHOULD YOU TAKE?

##### Parkinson's disease

If you have Parkinson's disease, tell your doctor, who will decide if you can take STUGERON.



##### Pregnancy

If you are pregnant or plan to be pregnant, inform your doctor, who will decide if you can take STUGERON.



##### Breast-feeding

If you are taking STUGERON, you are advised not to breast-feed since very small amounts of the medicine could end up in the breast milk.



### Driving and operating machines

Especially at the start of treatment STUGERON can cause drowsiness, which can make you less alert and reduce your driving ability. So you should be careful about using machines or driving while on STUGERON.



### Other medicines and alcohol

Medicines for depression and medicines that slow up your reactions (sleeping pills, tranquillizers and strong painkillers) can have an increased calming effect when taken with STUGERON.

Tell your doctor if you are taking any other medicines.

Alcohol and STUGERON strengthen each other's dulling effect. You should therefore limit the amount of alcohol you drink while on STUGERON.



### HOW TO TAKE STUGERON AND HOW MUCH

STUGERON comes as tablets. You should take the medicine after meals. The tablets are best taken with a little water.

Your doctor will tell you how much STUGERON you should take.

- **For balance disorders**, the recommended dose is:  
**25 mg tablets:** 1 tablet three times a day

Taking this drug long-term in the elderly should be avoided and should be under the care of the doctor.

- **For motion sickness**, the recommended dose is:  
*adults and adolescents aged 13 years and above:*

**25 mg tablets:** 1 tablet  
*children aged 6 to 12 years:*

**25 mg tablets:** 1/2 tablet

You should take STUGERON at least half hour before you leave for a trip, and for long trips you can take it every 6 hours after that.



## UNDESIRED EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

- Feeling sleepy
- Nausea
- Weight Gain
- Daytime sleepiness
- Vomiting
- Stomach pain
- Indigestion
- Excessive sweating
- Feeling very tired
- Slow, jerking or twisting movements that you cannot control
- Problems controlling movements of the body or limbs
- Slow movements, with tremor, stiffness and a shuffling walk
- Muscle tremors
- Liver problem that causes yellowing of the skin or eyes (jaundice)
- Red to gray colored growth on the skin
- Itchy skin rash
- Red, scaly skin rash that may be made worse by sunlight
- Muscle stiffness



## OVERDOSE

Taking too much STUGERON, can lead to the following signs and symptoms: alterations in consciousness ranging from sleepiness to loss of consciousness, vomiting, muscle weakness or incoordination, and convulsions. Death was reported in association with cinnarizine overdose. If an overdose of STUGERON is suspected, you should call your doctor.



## HOW TO STORE STUGERON

Keep STUGERON below 30 °C.

This medicine can be kept for only a limited period. Do not use STUGERON after the date (month and year) printed after "EXP", even if it has been stored properly.

You are advised to return old medicine to your pharmacist.

Keep out of the sight and reach of children.



## WHAT IS IN STUGERON?

The actual medicine in STUGERON is cinnarizine.

**STUGERON tablets** come in boxes of 2x10's and 3x10's.

STUGERON tablets are white and round with a score line, and with 'JANSSEN' printed on one side and 'S<sub>25</sub>' on the other.

One tablet contains 25 milligrams of cinnarizine.

The tablets also contain cotton seed oil hydrogenated, lactose monohydrate, maize starch, polyvidone, sucrose and talc.

Latest update of this package insert: 23 May 2023 (CPPI version 31-May-2019)

## Manufactured by

Lusomedicamenta Sociedade Técnica Farmacêutica, S.A., Barcarena, Portugal

**Marketing Authorization Number**

1C 15105/63

**Date of Authorization**

30 December 2020

***What you should know about medicines...***

*Always inform your doctor or pharmacist if you are using other medicines because some drugs should not be taken together.*

*Medicines are very well tested before they can be given to patients. There should therefore be little chance of something going wrong if they are used correctly, that is if you use them as follows:*

- *only for the purpose for which you were given the medicine;*
- *only in the recommended amount;*
- *only for the recommended period of time.*

*Keep all medicines out of the reach of children.*

*Never allow others to use medicines recommended for you and never use medicines prescribed for others.*

*Keep all medicines in their original packaging and in a dry place (never in the bathroom, for example!).*

*Make a habit of returning unused or old medicines to your pharmacist.*

*If someone has taken an overdose of a medicine, call a doctor or the poison control centre*

**Imported by**

Janssen-Cilag Ltd., Bangkok, Thailand

To report Suspected Adverse Reactions, please contact us at [aepqcjacth@its.jnj.com](mailto:aepqcjacth@its.jnj.com)

For any product information, please contact us at [medinfosea@its.jnj.com](mailto:medinfosea@its.jnj.com)

Please see full prescribing information at

- <https://www.fda.moph.go.th/sites/oss/Pages/Main.aspx>

- <https://ndi.fda.moph.go.th/>