# เอกสารกำกับยาภาษาอังกฤษสำหรับกล่องกระดาษบรรจุแผงบลิสเตอร์

(มีลักษณะและข้อความเหมือนกันทุกขนาดบรรจุ)

## **NUTRIVITA DAILY**

Recent evidence has shown that suboptimal levels of vitamins and minerals may cause deficiency syndromes. Some people do not consume an optimal amount of all vitamins and minerals by diet alone. They need to take multivitamin and minerals.

Each capsule contains :		% Thai RDI
Beta Carotene (Mixed carotenoids)	3.61 mg	
Equivalent to Vitamin A	4600 IU	173
Vitamin D3	400 IU	200
Vitamin E	77 mg	
Equivalent to D- $lpha$ -tocopheryl acetate	100 IU	666.67
Vitamin C (Ascorbic acid)	100 mg	166.67
Vitamin B1	20 mg	1333.33
Vitamin B2	20 mg	1176.47
Vitamin B6	20 mg	1000
Vitamin B3 (Nicotinamide)	50 mg	250
Vitamin B12	20 µg	1000
Folic acid	200 µg	100
Pantothenic acid	18.40 mg	306.70
Biotin	150 µg	100
Calcium	50 mg	6.25
Iron	5 mg	33.33
lodine	150 µg	100
Magnesium	20 mg	5.7
Zinc	15 mg	100
Selenium yeast	52 µg	
Chromium	100 µg	76.92
Molybdenum	100 µg	62.5
Choline Bitartrate	25 mg	
Inositol	25 mg	
Copper	2 mg	100
Manganese	5 mg	142.86

#### Indication

Treatment of multivitamin and minerals deficiency.

#### Dosage

For adults 1 capsule daily, with or after meal or as directed by physician.

### Cautions

Excessive accumulation of oil soluble vitamins may be harmful. Avoid over dosage or prolong use, except under physician's supervision.

#### Storage

Store in a cool dry place, keep in tight container, temperature not exceeding  $25^{\circ}$ C and away from direct sunlight.

Keep out of reach of children

Manufactured by : **MEGA LIFESCIENCES Public Company Limited** Samutprakarn, Thailand.

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์ สูนย์ซ้อมูลลูกค้าสัมพันธ์ ✓ 0-2769-5444

